Make sure you are ready for NMC revalidation: to create and maintain your online portfolio visit: https://nipecportfolio.hscni.net

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## CONTENTS

(Click on the title to go to the section)

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>NIPEC Updates</td>
<td>2</td>
</tr>
<tr>
<td>Governance</td>
<td>3</td>
</tr>
<tr>
<td>Quality</td>
<td>4</td>
</tr>
<tr>
<td>Innovation</td>
<td>6</td>
</tr>
<tr>
<td>Leadership</td>
<td>8</td>
</tr>
<tr>
<td>Workforce</td>
<td>9</td>
</tr>
<tr>
<td>Education</td>
<td>10</td>
</tr>
<tr>
<td>Professional Development</td>
<td>11</td>
</tr>
<tr>
<td>Clinical Practice</td>
<td>13</td>
</tr>
<tr>
<td>Practice Development</td>
<td>16</td>
</tr>
<tr>
<td>Patient Experience</td>
<td>18</td>
</tr>
</tbody>
</table>

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Record Keeping Practice Indicators – RKPI

A shortened Record Keeping Audit Tool, based on the longer version - NIPEC Online Audit Tool – NOAT was released on 29th April 2016. The Record Keeping Audit Tool is applicable for all care settings, drawing upon the principles contained within the NMC Code of Conduct (2015) and Standards for Person Centred Nursing and Midwifery Record Keeping Practice (2013). The Record Keeping Practice Indicators can be accessed at - www.kpini.org.uk/

The website has instructions on how to use the tool and NIPEC will be hosting an awareness session in each HSC Trust, in the near future.
UPDATES, KEY PUBLICATIONS, EVENTS

The ‘Learning Matters’ Newsletter provides an alternative method of sharing learning which relates to serious adverse incidents, complaints, reviews and patient experience across Northern Ireland. Click on this link to view this and previous issues
http://www.publichealth.hscni.net/publications/learning-matters-newsletters

Asthma Care Bundle 2016
British Thoracic Society has launched a care checklist for hospital staff as part of the care bundle for discharging patients after treatment for an acute asthma attack


Never events manual
A Cardiac Theatre Sister at King’s College Hospital has designed a theatre manual to help prevent Never Events (serious, preventable clinical incidents). Aimed at theatre nurses, the guidance will be issued globally in a drive to enhance patient safety

ARTICLES

There is more to risk and safety planning than dramatic risks: Mental health nurses’ risk assessment and safety-management practice

Decontaminating breast pump kits: new guidance
Oxtoby, K. Nursing Times, April 2016, vol. 112, no. 15, p. 20-21

NICE guidance tackles complexities of prescribing controlled drugs
Hunt, L. Nursing Standard, April 2016, vol. 30, no. 34, p. 11

Paper-free, quick and safer

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UPDATES, KEY PUBLICATIONS, EVENTS

Quality & Safety in Healthcare International Forum, Gothenburg 2016
The International Forum, now celebrating its 21st year of inspiring healthcare improvement had a rich and inspiring programme, representing the very best of new thinking from the global quality improvement movement. All streamed sessions are available to watch on demand at any time click on the web-link http://internationalforum.bmj.com/ or http://livestream.com/IFQSH/Gothenburg2016

Dementia and comorbidities: Ensuring parity of care.
This report focuses on the costs to the UK’s health and social care system could be costing up to nearly £1 billion per year through the failure to prevent, diagnose, and treat depression, diabetes and urinary tract infections in people with dementia.
http://www.ilcuk.org.uk/index.php/publications

ARTICLES

Implementing patient-centered care in the context of an integrated care program
Cooper, H. et al. *International Journal of Care Coordination*, December 2015, vol. 18, no. 4, p. 72-77

Nurses’ attitudes towards patients hospitalised for self-harm

Type 2 diabetes programme allows nurses to refer those patients at risk

New mothers in UK leave hospital sooner than women elsewhere in developed world
*Nursing Standard*, March 2016, vol. 30, no. 31, p. 15

Human factors and the death of a child in hospital: a case review

Improving pulmonary rehabilitation services
ARTICLES

A multi-centre cohort study on the survival time of cancer patients dying at home or in hospital: Does place matter?

Gaps and improvement in management of sepsis
Plowright, C. Nursing Times, April 2016, vol. 112, no. 17, p. 15-17

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UPDATES, KEY PUBLICATIONS, EVENTS

HSC R&D Division Building Research Partnerships Workshop
16 June 2016, 9.30 am - 4.00 pm in Grosvenor House, Glengall Street, Belfast.
This free workshop, which will look at practical ways to involve patients and the public as partners in the research process and is aimed at both members of the public and researchers. It will explore how members of the public can be involved in the design and conduct of research and the role of researchers in facilitating this involvement. Closing Date for registration, 8 June 2016. For more details go to http://www.research.hscni.net/event/16-june-2016-building-research-partnerships-workshop-involving-public-design-and-conduct

A Practical Guide to Developing your Skills as an Effective Ward Manager
Wednesday 18 May 2016, Birmingham
For both current and aspiring ward managers, this event provides an opportunity to learn from the experiences of other ward managers and nurse directors to develop your skills. Speakers include FoNS’ Kate Sanders, who will be presenting on leadership development for ward managers. Kate has immense experience of working with frontline managers to help them develop the skills and attributes to be effective and confident leaders. A special rate of £250 + VAT is available to all Friends and Associates of FoNS by quoting ref: hcuk250fons when booking. Visit the website for more information.

The Virtual International Knowledge Translation Conference 2016

22nd International Network for Psychiatric Nursing Research (NPNR) Conference 2016
15-16 September 2016, Nottingham
This year’s conference will explore the challenges faced by mental health nurses in delivering evidenced-based compassionate care across the life course. We will consider both the complexity of issues faced by individuals throughout the life course, and also how well services and nurses meet the mental health needs of the people they collaborate with. If you are interested in submitting an abstract, the deadline is 29 April 2016. Visit the website for more information.
ARTICLES

Fons articles

An Anxiety Self-management Programme for Women with Gynaecological Malignancies
The women’s anxieties weren’t always what the team thought they would be – could you explore this in your setting?

Development and Delivery of a Diverse Peer Support Programme for Renal Service Users, their Family and Carers: An Action Research Collaboration
Peers may be able to offer unique support. Is this something you could think about in your setting?

"MUST DO" Promoting Good Nutrition in a Community Hospital in Northern Ireland
The team needed to include all staff, including kitchen staff and mealtime support workers, to achieve their aims. Is this something to consider in your setting?

Gender differences in dementia risk suggest link to brain proteins

Feedback on heart attack
Pearce, L. Nursing Standard, April 2016, vol. 30. no. 33, p. 24-25

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LEADERSHIP

“True leadership lies in guiding others to success, in ensuring that everyone is performing at their best, doing the work they are pledged to do and doing it well.”

Bill Owens

ARTICLES

How Nurse Leaders Can Reduce Burnout: Focus on Mental Energy!

Keeping the Center: Leadership Resilience Through Shared Learning

Strategic Design: Filling Future Nursing Leadership Gaps

AONE Competencies: Preparing Nurse Executives to Lead Population Health

Perceived Work Experiences of Chief Nursing Officers

Manage Negativity by Establishing Healthy Boundaries

Q: How Will We Achieve 20% by 2020? A: Men in Nursing

Leading Innovation:The Beginner’s Mind and Mindful Beginnings
Davidson, S. Nurse Leader, April 2016, vol. 14, no. 2, p. 96-97

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**ARTICLES**

**Nursing competency standards in primary health care: an integrative review**

**Expanding skills and experience**

**Workforce wellbeing policies fail to tackle ‘happiness’, study shows**
Jones-Berry, S. *Nursing Standard*, April 2016, vol. 30, no. 33, p. 10

**Pleural care revolutionary**

**The need for specialist nurses in dementia care**
UPDATES, KEY PUBLICATIONS EVENTS,

Military surgery on the move: CPD clinical study afternoon
204 Field Hospital is hosting a CPD clinical study afternoon on Friday 13 May 2016 from 12.45pm to 4.45pm at the Waterfront Hall in Belfast. The session will examine surgical techniques within the military and innovative approaches in surgical nursing. It will also consider the risks and safety aspects of managing the surgical patient on the move in an unknown environment. The seminar is free of charge and open to all registered nurses, health care assistants and nursing students. To register, please e-mail 204hosp-roso@mod.uk

ARTICLES

One log-in to a wealth of health resources

Genetic education in dementia care

Facilitation of learning: part 2

Improving compassionate care skills with education
Revised NMC Code is one year old
The revised Code: Professional standards of practice and behaviour for nurses and midwives
As well as reflecting what patients expect from the professionals who care for them, the updated Code, which came into effect on 31 March 2015, also sets out standards designed to help you face the challenges of today’s healthcare environment.
https://www.nmc.org.uk/standards/code/

Consultation on changes to midwifery regulation launched
The Department of Health has launched a consultation on a number of important changes designed to modernise midwifery regulation. To respond to the consultation, closing date 17th June 2016, click on the link

The Florence Nightingale Foundation Applications for Research Scholarships
If you wish to apply for a research scholarship
- The amount awarded could be up to £5,000
- Applicants must have had at least one year post-registration professional experience and have current links in practice.
- All research scholarships must involve clinically focused research, i.e. must be able to demonstrate impact on patient care and be academically supervised or supported.

The closing date is Monday, 16 May, 2016

Follow the link below for more details:
http://www.florence-nightingale-foundation.org.uk/content/page/34/
or
email: admin@florence-nightingale-foundation.org.uk
or call: 020 7730 3030
Mental health network launched
RCN Northern Ireland is establishing a network to raise the profile of mental health nursing. The network will work with the existing RCN mental health nursing forum. For more on the network, email rosaline.kelly@rcn.org.uk or call 028 9038 4600
http://journals.rcni.com/doi/pdfplus/10.7748/ns.30.34.10.s10

ARTICLES

10 things you need to do for revalidation

Afraid of revalidation? Let us put you at ease

Women’s weight and men’s height can affect chances of a professional, prosperous life
Nursing Standard, March 2016, vol. 30, no. 31, p. 15

Rosacea: clinical features and treatment

Primary immune deficiency in bronchiectasis
Ozerovitch, L. Nursing Times, April 2016, vol. 112, no. 15, p. 16-19

The long road to full prescribing powers

Reviewing depot injection efficacy in the treatment of schizophrenia

Understanding situation awareness and its importance in patient safety
Gluyas, H. & Harris, S.J. Nursing Standard, April 2016, vol. 30, no. 34, p. 50-58

Neutropenic Sepsis: prevention, identification and treatment
Diabetes UK has updated its Healthcare Essentials Guide
The guide aims to help people with diabetes understand what care and support they should receive.
Accessible at: https://www.diabetes.org.uk/15-essentials

ARTICLES

Under-recognition of Malnutrition in Advanced Cancer: The Role of the Dietitian and Clinical Practice Variations

Understanding Audit and Feedback to Support Falls Prevention and Pain Management in Home Health Care

Super Foods with Medicinal Properties

Coordination of care for patients with COPD: Clinical points of interest

Effect of bed exercises and gum chewing on abdominal sounds, flatulence and early discharge in the early period after caesarean section
ARTICLES

How to alleviate perineal pain following an episiotomy

High white blood cell ratio linked to recurrent risk in early-stage breast cancer
Orditura, M. et al. ESMO Open, March 2016, DOI: 10.1136/esmoopen-2016-000038

Viral hepatitis: the clinical nurse specialist role
Botterill, G. Nursing Times, April 2016, vol. 112, no. 15, p. 15

Preventing type 2 diabetes
Gower, A. Nursing Standard, April 2016, vol. 30, no. 33, p. 17

How to care for a patient after death in hospital

Quit smoking help for people with mental health problems

Gum disease associated with cognitive decline in people who have Alzheimer's disease

Drug used for controlling blood sugar levels in type 2 diabetes linked to bladder cancer risk

Post-operative pain
Walker, J.A. Nursing Standard, April 2016, vol. 30, no. 34, p. 17

Breathing new life into asthma care
Evans, N. Nursing Standard, April 2016, vol. 30, no. 34, p. 22-23

How to inform relatives and loved ones of a patient’s death
Guest, M. Nursing Standard, April 2016, vol. 30, no. 34, p. 36-38

Limitations associated with managing chronic low back pain
Beland, P. Nursing Standard, April 2016, vol. 30, no. 34, p. 41-49

Using pulse oximetry to assess oxygen levels

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ARTICLES

Treating depression and anxiety in people with dementia

Occupational therapy for older people with disability post stroke
Jacques, H. Nursing Times, April 2016, vol. 112, no. 16, p. 21

How to perform open endotracheal suction via and endotracheal tube
Actively listening to enable care
Jo Odell talks about the importance of active listening and sets us all a challenge; can you listen to a colleague, patient or family member/carer without interruption? See below for more on listening and follow the link to read Jo’s blog
https://www.fons.org/common-room/blogs.aspx

ARTICLES

Why a dual career in research and practice is the road less travelled

Your path to research

Obtaining rich data gives the best outcome for service users

Revealing and acting on patient care experiences: exploring the use of Photovoice in practice development work through case study methodology

Medication Safety During Pregnancy: Improving Evidence-Based Practice (2015-085)

Current Resources for Evidence-based Practice
Carlson, N.S. Journal of Midwifery and Women’s Health, January/February 2016, vol. 61, no. 1, p. 116-121
ARTICLES

Evidence-Based Nursing Practice: the PEACE Framework

How narratives can change nursing practice
New short films to reassure children coming into hospital
Children going to Leicester Royal Infirmary for operations will know exactly what to expect thanks to two short films created by staff.


ARTICLES

Dying with dignity: a concept analysis

Patients’ experience with intermittent catheterisation in everyday life

Personalised discharge care planning for post-myocardial infarction patients through the use of the Personalised Patient Education Protocol – implementing theory into practice

Nursing staffs’ attentiveness to older adults falling in residential care – an interview study

Providing empathetic care in nursing practice

Sexual healing after cancer

Defining patient-nurse boundaries

Using online tools to treat alcohol misuse

← CONTENTS PAGE